

Saint Charles Caritas:

Next weekend, **Sept 14 & 15 is the Caritas Day.** 100% of your donations will go to buy basic food at Costco for 5 charities from Tijuana all run by nuns and 2 charities in San Diego. Project Milk # 5 continues for Nestle Nido powdered milk 3.52 lbs per can. The threshold of the Caritas will be 22 cans. These will go to 3 charities from Tijuana who have small children: Casa de Cuna 11 cans per week, Santa Teresita 6 cans per week and Madre Rita, 3 cans per week. The 22 cans will last only 2 weeks for the consumption of the 3 charities.

Also Project Baby Formula #3 for Birthline. These will go to single mothers who are asking for formula milk.

Should you want to donate, these cans of milk, please drop them off during Caritas Day or at the church office and let the ladies know that they are for the Caritas.

I will not be there during Caritas Day, but I will stop by when I go to church. Sarah Bajo Warren, Janiley Camarista and the dedicated volunteers will be there to continue the Caritas. Please see all of them at the west patio. I'll be with Jim taking care of him.

Sept. 21, Saturday at 10:30 am is the Costco buy of food. The volunteers will have the basic food list selected by the Caritas.

Please see below pictures during the visit to Asilo de Juan Pablo II on Sept 7, Saturday. They have 21 elderly (80 to 101 years old). The volunteers were: Sarah Bajo Warren, Joe Bajo, Blanca Mendez, Belia Campos, Gary Brown, Francisco Arraiza & daughter Nadia & Natali Reyes. Sarah Bajo Warren took these pictures. I was not on this visit. I was taking care of Jim.

Picture 1 & 2: Elderly recipients & volunteers joined in the lounge. *Picture 3:* Some elderly paused for a picture. *Picture 4:* Volunteers from Saint Charles Caritas.



Thank you so much for all your prayers.

Sincerely,

Merlyn Baker

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