



**St. Charles Religious Education  
Youth Communion Requirements  
2016-2017 YOUTH SACRAMENT 2<sup>nd</sup> Year**

1. Attend classes regularly on Tuesday evening.
  - a. Each session is 6:00 pm-7:30 pm.
  - b. No more than 3 absences will be accepted throughout the school year.
2. Attend Sunday Mass (or Saturday Vigil) weekly and on Holy Days of Obligation  
"One of the ten commandments is remember to keep holy the sabbath day. Six days you may labor and do all your work, but the seventh day is the sabbath of the Lord, your God. No work may be done then...in six days the Lord made the heavens and the earth, but on the seventh day he rested. That is why the Lord has blessed the sabbath day and made it holy" (Exodus 20:8-10).
3. Attend the Triduum Masses on Holy Thursday, Good Friday, and Easter Vigil.
4. Be an active participant in Church Community Life.
5. Catechesis focusing on the Sacraments.
6. Parents MUST attend all sessions noted on Class Schedule. Signature Verification of attendance is required.

I have read these requirements and understand what is expected of me in order to complete the 2<sup>nd</sup> year of Sacrament preparation for the Sacraments of Reconciliation and Holy Communion. I understand that if these requirements are not met I will be asked to repeat the year.

\_\_\_\_\_  
Name of Teen                      Teen signature                      Date

I have read these requirements and understand what is expected of my teen in order to complete the 2<sup>nd</sup> year of Sacrament preparation for the Sacraments of Reconciliation and Holy Communion. I understand that if these requirements are not met I will be asked to repeat the year. By signing below, I am committed to the task of sharing my faith with my child by participating in the required events and most especially attending Sunday Mass.

\_\_\_\_\_  
Name of Parent or Guardian                      Parent or Guardian Signature                      Date



**St. Charles Religious Education  
Youth Communion Requirements  
2016-2017 YOUTH SACRAMENT 2<sup>nd</sup> Year**

**PARENT COPY**

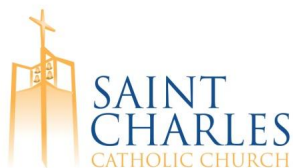
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Name of Parent or Guardian                      Parent or Guardian Signature                      Date



## St. Charles Catechetical Ministry **DRESS CODE for FIRST RECONCILIATION**

### Girls:

- Sunday dress (below knee); (no plunging neckline, no sleeveless, no backless)
- Skirt and blouse (no mini-skirts); (no plunging neckline, no sleeveless)
- Dress shoes (no sandals, sneakers, or flip flops)
- Modest make-up
- Properly groomed hair; natural hair color
- ALL facial piercings to be removed
- All tattoos must be covered

### Boys:

- Collared shirt (short or long-sleeved)
- Collared T-shirt
- Dress slacks (white or dark colors: black, navy blue)
- Dress shoes (no sandals, sneakers, or flip flops)
- Properly groomed hair; no Mohawk; natural hair color
- ALL facial piercings to be removed
- ALL tattoos must be covered

### Family Members and Guests:

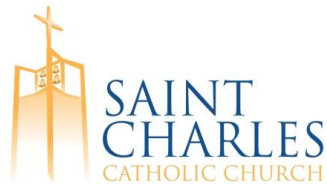
- Sunday church attire for both women and men
- Women: No mini-skirts, no plunging neckline, no sleeveless, no backless
- No denim jeans or shorts

### Photography:

- Absolutely no flash photography during the Confession!!!
- After everyone has finished, you can ask the Priest for a picture with your child.

### Dismissal:

Your child and your family can leave after his/her confession



St. Charles Catechetical Ministry  
**DRESS CODE for FIRST HOLY COMMUNION**

Girls:

- White dress (below knee, calf length, or full length)
- Please no full-blown gowns!!!
- White or black dress shoes (no sandals, sneakers, or flip flops)
- White veil or flower headpiece (simple style), if desired
- Headband allowed, but no tiara
- Gloves are optional but not to be worn during reception of the Eucharist
- No corsage or bouquet of flowers
- No purse, Bible or rosary, to be carried at Mass
- Modest make-up
- Properly groomed hair; natural hair color
- ALL facial piercings to be removed
- All tattoos must be covered

Boys:

- White long sleeve shirt
- Suit or dress coat (white or dark colors: black, navy blue)
- Dress slacks (white or dark colors: black, navy blue)
- Tie
- White or black dress shoes (no sandals, sneakers, or flip flops)
- No boutonniere
- No Bible or rosary to be carried at Mass
- Properly groomed hair; no Mohawk; natural hair color
- ALL facial piercings to be removed
- All tattoos must be covered

Family Members and Guests:

- Sunday church attire for both men and women
- Women: (no mini-skirts, no plunging neckline, no sleeveless, no backless)
- No denim jeans or shorts

Photography:

- Absolutely no flash photography during the Liturgy!!!
- Hired photographer will take a picture of your child receiving Communion (See flyer)
- Video-taping will be allowed from the balcony only.
- Group picture will be taken before the Liturgy with the celebrant.
- Individual picture with the celebrant will be taken at the Parish Hall.

## The Lord's Prayer

Our Father, who art in heaven,  
hallowed be thy name,  
Thy kingdom come,  
Thy will be done,  
on earth as it is in heaven.

Give us this day our daily bread,  
and forgive us our trespasses  
as we forgive those  
who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.

Amen.



**REQUIRED PRAYERS FOR**  
**ASSESSMENT**

## The Hail Mary

Hail Mary, full of grace,  
the Lord is with thee;  
blessed art thou among women,  
and blessed is the fruit  
of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners now  
and at the hour of our death.

Amen.

## Glory Be

Glory be to the Father and to  
the Son and to the Holy Spirit,  
as it was in the beginning, is now  
and ever shall be, world without  
end.

Amen.

## Act of Contrition

My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help, to do penance, to sin no more,  
and to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.  
In His name, my God, have mercy.  
Amen.

### **The Lord's Prayer**

Padre nuestro que estás en los cielos, santificado sea tu nombre,  
venga tu reyno,  
hagase tu voluntad,  
así en la tierra como en el cielo.  
Danos hoy nuestro pan cotidiano,  
Y perdónanos nuestras deudas,  
así como nosotros perdonamos á nuestros deudores.  
Y no nos metas en tentación,  
mas líbranos de mal.  
Amén.

### **Dios te salve, Maria**

Dios te salve, Maria.  
Llena eres de gracia:  
El Señor es contigo.  
Bendita tú ere entre todas las mujeres.  
Y bendito es el fruto de tu vientre:  
Jesús.  
Santa María, Madre de Dios,  
ruega por nosotros pecadores,  
ahora y en la hora de nuestra muerte.  
Amén.

### **Glory Be**

Gloria al Padre, y al Hijo y al Espíritu Santo.  
Como era en el principio, ahora y siempre,  
y por los siglos de los siglos. Amén

### **Act of Contrition**

Señor mío, Jesucristo, Dios y Hombre verdadero, Creador, Padre y Redentor mío; por ser tú quien eres, bondad infinita, y porque te amo sobre todas las cosas, me pesa de todo corazón haberte ofendido; también me pe sa porque puedes castigarme con las penas del infierno. Te ofrezco mis sufrimientos como expiación de mis pecados, propongo confesarme y cumplir la penitencia que me sea impuesta; ayudado de tu gracia propongo firmamente no pecar más y evitar las ocasiones próximas de pecado.+  
En el nombre del Padre, del Hijo, y del Espíritu Santo. Amén.

**PHOTO/VIDEO/MEDIA RELEASE**

This release authorizes St. Charles Parish, located in the City of San Diego, California, within the Roman Catholic Diocese of San Diego, its employees, representatives and/or volunteers, to photograph/video tape:

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Print Students Full Name Here

for the purposes of marketing and/or promoting the interests of the Parish Youth Group, including the use of said photographs/video in printed materials, parish websites, and other visual display and/or media.

I understand that such photos/recordings will be used for parish-related purposes, but will not be used for any other commercial purposes whatsoever. Therefore, I consent to and authorize the photographing, videotaping or otherwise recording of my child and I also waive any and all rights I or my child may have for remuneration of any kind, which could otherwise accrue as a result of the use of such photographs/video recordings.

I also understand that I have the right to revoke this release agreement at any time, by advising the Parish in writing by letter directed to the Pastor of my intent to revoke.

\_\_\_\_\_ Check here if you DO NOT AUTHORIZE release of photos/video.

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Signature

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Date

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Print Name Here

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Print Address

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Email

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Phone